

WHAT CAN I EXPECT FROM MY TREATMENTS?

+ Sculptra gradually restores lost volume

- After your treatment visit, it may appear that Sculptra worked immediately; this is due to swelling from the injections.
- Injection-related swelling typically resolves in a few hours to a few days, so the original skin depression may initially reappear.
- The depression should then gradually improve again within several weeks as the treatment effect of Sculptra occurs.

+ Multiple treatments may be necessary to achieve the full effect

- After the treatment session, make an appointment with your healthcare practitioner for your next evaluation and/or treatment no sooner than 4 weeks or as indicated by your healthcare practitioner.



MY NEXT

appointment is _____

- Sculptra should not be used in any person who has hypersensitivity to any of the components of the product.
- Use of Sculptra in any person with active skin inflammation or infection in or near the treatment area should be deferred until the inflammatory or infectious process has been controlled.
- Inform your healthcare practitioner if you:
 - Are using anticoagulants as you may run the risk of a hematoma or localized bleeding at the injection site.
 - Have a known history of or susceptibility to keloid formation or hypertrophic scarring.
- Rare but serious adverse events associated with the intravascular injection of soft tissue fillers in the face have been reported and include temporary or permanent vision impairment, blindness, cerebral ischemia or cerebral hemorrhage, leading to stroke, skin necrosis, and damage to underlying facial structures. You should discuss the potential treatment risks with your healthcare practitioner so you are aware of signs and symptoms of potential complications.
- Product should only be administered by trained healthcare practitioners.
- This product has not been tested in pregnant or breastfeeding women.
- Not for use in children under 18 years of age.
- **Discuss all potential risks with your healthcare practitioner prior to treatment. This is only a partial list of safety information. For complete product and safety information, visit Sculptra.ca.**
- Injection-related adverse events such as bruising, erythema, itching, swelling, pain and tenderness may occur. These side effects generally resolve spontaneously within one week after injection. Other potential side effects can occur with dermal filler injections. You should discuss the potential treatment risks with your healthcare practitioner.

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Sculptra®

Sculptra®

POST-TREATMENT
instructions

PART OF THE GALDERMA
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WHAT CAN I DO TO HELP WITH THE TREATMENT RESULTS?

To help ensure the safe use of and to obtain optimal results with Sculptra, it is important that you comply with the aftercare instructions provided by your healthcare practitioner after every Sculptra treatment session.

+ Have an ice pack ready

- Apply ice (in a clean washcloth or an ice pack) to the treated area intermittently after treatment to minimize swelling and/or bruising.
- Avoid direct contact of the ice with the skin.

+ Give yourself facial massages

- Thoroughly massage the treated area in a circular fashion for 5 minutes, 5 times daily for 5 days after each treatment session;
 - *This will help provide an even distribution of Sculptra to promote a natural-looking correction.*
- Use a moisturizing cream to help reduce the friction on the skin surface during massage.

+ Avoid excess sunlight and UV exposure

- Minimize exposure of the treated area to excessive sunlight and avoid UV lamp exposure until any initial swelling and redness have disappeared.

+ Follow any specific instructions from your healthcare practitioner

Sculptra®

ARE THERE ANY ADVERSE REACTIONS?

+ Report any worsening or prolonged symptoms to your healthcare practitioner

- Sculptra may cause redness, swelling and/or bruising in the treatment area immediately after an injection session:
 - *Injection-related swelling typically resolves within a few hours to a few days.*
- Side effects usually resulting from the injections are transient bleeding from an area the size of the point of the needle or transient pain, localized redness at the injection site, ecchymosis and hematoma.

+ Report any side effects to your healthcare practitioner

- Treatment with Sculptra can result in small papules (bumps) or visible nodules in the treatment area;
 - *They are typically not visible and asymptomatic and may be noticed only upon pressing on the treatment area.*
 - *Nodules are occasionally associated with inflammation or discoloration.*

SPEAK TO YOUR HEALTHCARE PRACTITIONER BEFORE PROCEEDING WITH ANY OTHER SKIN TREATMENTS, SUCH AS LASER OR CHEMICAL PEELING.

There is a possible risk of eliciting an inflammatory reaction at the implant site. This also applies if Sculptra is administered before the skin has healed completely after such a procedure.

